

What Influenza Vaccine Should My Child Receive?

Last year the ACIP recommended Flumist Quadrivalent® for children 2-8 years. Further studies have shown little difference in effectiveness between nasal flu vaccine (Flumist Quadrivalent®) and the traditional quadrivalent flu shot. **This year there is no official recommendation of preference** between Flumist Quadrivalent® and flu shot.